

Holy Hour with the Divine Mercy Chaplet

Introduction

Silent Reflection

Chaplet of Divine Mercy

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Litany of Trust

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Benediction

Introduction

Presider: In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen.

Presider: The grace of our Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.

All: And with your spirit.

Presider: Dear friends in Christ,

The Lord is full of mercy and compassion.

As we celebrate Divine Mercy Sunday,

we rejoice in the Lord's outpouring of forgiveness and healing.

Through our baptism, we share in the death of Christ and were buried with Him. May we also come to share in His Resurrection.

Presider:

Let us pray:

God of Infinite Mercy, you chose your humble servant St. Faustina to be the Apostle of Divine Mercy in our time. Through her intercession may we come to trust in you and your unfathomable mercy more fully. We place before You today our needs, the needs of our families, our parish, and of the whole world, and we ask you to look kindly upon them. Help us grow ever stronger in our faith that we might put into practice works of mercy in our daily lives. We make this prayer, through Christ our Lord.

All: Amen.

SILENT REFLECTION



PRAYERS OF THE CHAPLET OF DIVINE MERCY

1. Prayer

Presider: You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

(Repeat the following three times)

2. *Leader:* O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us,

All: I trust in You!

3. Our Father

Leader: Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

All: Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

4. Hail Mary

Leader: Hail Mary, full of grace, the Lord is with thee. Blessed are thou among women, and blessed is the fruit of thy womb, Jesus.

All: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

5. The Apostles' Creed

Leader: I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead.

All: I believe in the Holy Spirit, the holy catholic Church, the communion of saints,

the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

6. **The Eternal Father** (on the Our Father bead before each decade):

Cantor: Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ,

All sing: in atonement for our sins and those of the whole world.

7. **For the Sake of His Sorrowful Passion** (*On the 10* small *beads of each decade*):

Cantor: For the sake of His sorrowful Passion,

All sing: have mercy on us and on the whole world.

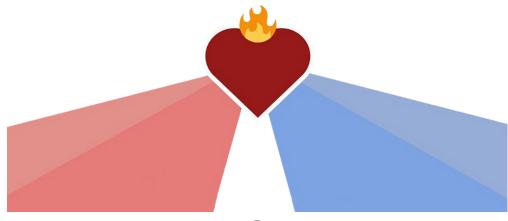
- 8. Repeat "The Eternal Father" and "For the sake of His sorrowful Passion" prayers for 4 more decades.
- 9. After 5 decades, the **concluding doxology** (*three times*):

All sing: Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

10. Closing Prayer

Presider: Eternal God, in whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

SILENT REFLECTION



LITANY OF TRUST

written by the Sisters of Life

Leader:	Response by All:
From the belief that I have to earn Your love	Deliver me, Jesus.
From the fear that I am unlovable	Deliver me, Jesus.
From the false security that I have what it takes	Deliver me, Jesus.
From the fear that trusting You will leave me more destitut	e Deliver me, Jesus.
From all suspicion of Your words and promises	Deliver me, Jesus.
From the rebellion against childlike dependency on You	Deliver me, Jesus.
From refusals and reluctances in accepting Your will	Deliver me, Jesus.
From anxiety about the future	Deliver me, Jesus.
From resentment or excessive preoccupation with the past	Deliver me, Jesus.
From restless self-seeking in the present moment	Deliver me, Jesus.
From disbelief in Your love and presence	Deliver me, Jesus.
From the fear of being asked to give more than I have	Deliver me, Jesus.
From the belief that my life has no meaning or worth	Deliver me, Jesus.
From the fear of what love demands	Deliver me, Jesus.
From discouragement	Deliver me, Jesus.
Leader:	Response by All:
That You are continually holding me, sustaining me,	Jesus, I trust in you.
loving me	
That Your love goes deeper than my sins and failing	Jesus, I trust in you.
and transforms me	
That not knowing what tomorrow brings is an invitation	Jesus, I trust in you.
to lean on You	
That You are with me in my suffering	Jesus, I trust in you.
That my suffering, united to Your own, will bear fruit	Jesus, I trust in you.
in this life	

That You will not leave me orphan, that You are	Jesus, I trust in you.
present in Your Church	
That Your plan is better than anything else	Jesus, I trust in you.
That You always hear me and in Your goodness	Jesus, I trust in you.
always respond to me	
That You give me the grace to accept forgiveness	Jesus, I trust in you.
and to forgive others	
That You give me all the strength I need for what is asked	Jesus, I trust in you.
That my life is a gift	Jesus, I trust in you.
That You will teach me to trust You	Jesus, I trust in you.
That You are my Lord and my God	Jesus, I trust in you.
That I am Your beloved one	Jesus, I trust in you.

PRAYER OF ENTRUSTMENT OF THE WORLD TO DIVINE MERCY

Presider: Together, let us recite the Prayer of Entrustment of the World to Divine Mercy:

All: God, merciful Father, in Your Son, Jesus Christ, You have revealed Your love and poured it out upon us in the Holy Spirit, the Comforter. We entrust to You today the destiny of the world and of every man and woman. Bend down to us sinners, heal our weakness, conquer all evil, and grant that all the peoples of the earth may experience Your mercy. In You, the Triune God, may they ever find the source of hope. Eternal Father, by the Passion and Resurrection of Your Son, have mercy on us and upon the world! Amen.

BENEDICTION

HYMN

Down in Adoration Falling



- the ev-er-last-ing Fa-ther, And the Son who made us free,
- Sa-cra-mén-tum Ve ne ré mur cér-nu i: Tan-tum er-go
- Ge ni tó que Laus et 2. Ge - ni - tó - ri, ju - bi - lá - ti - o,



- O ver an-cient forms of wor-ship New er rites of grace pre-vail;
- God pro-ceed-ing From them each e ter nal ly, 2. And the Spir - it,
- 1. Et an tí-quum do cu-mén-tum No - vo ce - dat rí - tu - i:
- 2. Sa lus, ho nor, vir-tus quo-que Sit et be - ne - dí - cti - o:



- 1. Faith will tell us Christ is pres-ent, When our hu-man sens-es fail.
- sal-va-tion, hon-or, bless-ing, Might and end-less maj-es-ty.
- 1. Prae-stet fi des sup-ple-mén-tum Sén su um de fé ctu i.
- u tró que Com par sit lau dá ti o. 2. Pro - ce - dén - ti ab

Text: 87 87 87; Tantum ergo; St. Thomas Aquinas, 1227–1274; Liber Hymnarius, 1983; tr. by Edward Caswall, 1814–1878. Music: John F. Wade, 1711-1786.

BENEDICTION SONG

Priest You have given them Bread from Heaven.

Having within it all Sweetness. All

PRAYER

Lord,

we have celebrated today the mystery of the rising of Christ to new life.

May we rest now in your peace, safe from all that could harm us, and rise again refreshed and joyful, to praise you throughout another day.

We ask this through Christ our Lord.

DIVINE PRAISES

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ,

true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus

in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God,

Mary most Holy.

Blessed be her Holy

and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the Name of Mary,

Virgin and Mother.

Blessed be St. Joseph,

her most chaste spouse.

Blessed be God in His Angels

and in His Saints

May the heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time, Amen.



- 1. Praise the Lord! ye heav'ns a-dore him; Praise him an gels, in the height;
- 2. Praise the Lord! for he is glo-rious; Nev er shall his prom-ise fail;
- 3. Wor-ship, hon-or, glo-ry, bless-ing, Lord, we of-fer un-to thee;



- 1. Sun and moon, re joice be fore him; Praise him, all ye stars of light.
- 2. God has made his saints vic to-rious; Sin and death shall not pre-vail.
- 3. Young and old, thy praise ex-press-ing, In glad hom age bend the knee.



- Praise the Lord! for he has spo-ken; Worlds his might-y voice o-beyed;
- 2. Praise the God of our sal va-tion! Hosts on high his pow'r pro-claim;
- 3. All the saints in heav'n a dore thee, We would bow be fore thy throne;



- 1. Laws which nev er shall be bro-ken For their guid-ance he has made.
- 2. Heav'n, and earth, and all cre a tion, Laud and mag ni fy his name.
- 3. As thine an gels serve be-fore thee, So on earth thy will be done.

Text: 87 87 D; based on Psalm 148; verses 1, 2, Psalms, Hymns, and Anthems of the Foundling Hospital, 1796; verse 3, Edward Osler, 1798–1863. Music: Ludwig van Beethoven, 1770–1827; adapt. by Edward Hodges, 1796–1867.

Tesus, I trust in you.

ST. FAUSTINA KOWALSKI

A PRAYER TO BE MERCIFUL

St. Maria Faustina

Help me, O Lord, that my eyes may be merciful, so that I may never suspect or judge from appearances, but to look for what is beautiful in my neighbor's soul.

Help me, O Lord, that my ears may be merciful, so that I may give heed to my neighbor's needs.

Help me, O Lord, that my tongue may be merciful, so that I should never speak negatively of my neighbor.

Help me, O Lord, that my hands may be merciful and filled with good deeds, so that I may do only good to my neighbor.

Help me, O Lord, that my feet may be merciful, so that I may hurry to assist my neighbor.

Help me, O Lord, that my heart may be merciful, so that I myself may feel all the sufferings of my neighbor.

May your mercy, O Lord, rest upon me.

Amen.

