

INTRODUCTION

God, + come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen.

EXAMINATION OF CONSCIENCE

We are called to have a clear conscience toward God and toward men, in our hearts and in our minds, in our actions and inactions. To do so, it is vital that we examine our conscience daily and to ask for God's mercy as we fall short and to ask for His strength to do better.

Lord Jesus,

you came to reconcile us to one another and to the Father:

Lord, have mercy.

Lord, have mercy.

Lord Jesus,

you heal the wounds of sin and division:

Christ, have mercy.

Christ, have mercy.

Lord Jesus,

you intercede for us with your Father:

Lord, have mercy.

Lord, have mercy.

HYMN

PSALMODY

Ant. 1 O Lord, our God, unwearied is your love for us.

Blessed be God who comforts us in all our trials. (2 Corinthians 1:3, 4)

- Left Turn your ear, O Lord, and give answer for I am poor and needy.

 Preserve my life, for I am faithful; save the servant who trusts in you.
- Right You are my God, have mercy on me, Lord, for I cry to you all day long.

 Give joy to your servant, O Lord, for to you I lift up my soul.
 - L O Lord, you are good and forgiving, full of love to all who call.Give heed, O Lord, to my prayer and attend to the sound of my voice.
 - R In the day of distress I will call and surely you will reply.Among the gods there is none like you, O Lord; nor work to compare with yours.
 - L All the nations shall come to adore you and glorify your name, O Lord: for you are great and do marvelous deeds, you who alone are God.
 - R Show me, Lord, your way so that I may walk in your truth.
 Guide my heart to fear your name.

- L I will praise you, Lord my God, with all my heart and glorify your name for ever; for your love to me has been great: you have saved me from the depths of the grave.
- R The proud have risen against me; ruthless men seek my life; to you they pay no heed.
- L But you, God of mercy and compassion, slow to anger, O Lord, abounding in love and truth, turn and take pity on me.
- R O give your strength to your servant and save your handmaid's son.Show me the sign of your favor that my foes may see to their shame that you console me and give me your help.
- L Glory to the Father, and to the Son, and to the Holy Spirit.
- **R** As it was in the beginning, is now, and will be for ever. Amen.
- **Ant.** O Lord, our God, unwearied is your love for us.

READING

1 Thessalonians 5: 9-10

God has destined us for acquiring salvation through our Lord Jesus Christ. He died for us, that all of us, whether awake or asleep, together might live with him.

RESPONSORY

Into your hands, Lord, I commend my spirit.

- Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

I commend my spirit.

Glory to the Father, and to the Son, and to the Holy Spirit.

Into your hands, Lord, I commend my spirit.

CANTICLE OF SIMEON

Luke 2:29-32 Christ is the light of the nations and the glory of Israel

- **Ant.** Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.
- All Lord, + now you let your servant go in peace; *
 your word has been fulfilled:
 my own eyes have seen the salvation *
 which you have prepared in the sight of every people:
 a light to reveal you to the nations *
 and the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and will be for ever. Amen.

Ant. Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

BENEDICTION

HYMN

Down in Adoration falling,

This great Sacrament we hail; To the everlasting Father,

Over ancient forms of worship And the Son who made us free,

Newer rites of grace prevail; And the Spirit, God proceeding

Faith will tell us Christ is present, From them Each eternally,

When our human senses fail. Be salvation, honor, blessing,

BENEDICTION SONG

Priest You have given them Bread from Heaven.

All Having within it all Sweetness.

CONCLUDING PRAYER

Lord, give our bodies restful sleep and let the work we have done today bear fruit in eternal life. We ask this through Christ our Lord.

-Amen.

DIVINE PRAISES

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus

in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the Name of Mary, Virgin and Mother.

May the heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time, Amen.

MARIAN HYMN

